Listserv Guidelines Committee

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PURPOSE OF THE ISST LISTSERV

The ISST Listserv is a benefit provided to all current members of ISST. Renewal of your membership is concurrent with your renewal to the ISST Listserv, as well as your agreement to these guidelines of this Listserv.

The guidelines are an amalgamation of other therapeutically oriented Listserv's in the field. This is the first time that our ISST Listserv has implemented guidelines. As our community learns more about this process together, and what works for the entire membership, we may need to modify these guidelines accordingly.

The Listserv is a welcoming professional space with a *singleness of purpose*, where members can share information related to the **practice, teaching and research associated with Schema Therapy**.

In a recent ISST Listserv Survey more than 50% of respondents would like content on the Listserv to be moderated. However, the Listserv Survey Committee suggests a trial period relying upon these recommended guidelines. If our community needs help with monitoring the Listserv further, the Committee will consider what other actions may be needed to maintain a professionally oriented and safe Listserv.

COMMUNICATION
Please communicate in a professional, constructive, and respectful fashion when posting and responding to posts. Character attacks towards other members are not acceptable. If you disagree with someone, please do so respectfully.

To keep the listserv a positive and professional space related to the *development of Schema Therapy, we request that you refrain from comments that are defamatory, insulting, disrespectful, and unprofessional.*

Kindly refrain from political discussion or comments as we wish to retain our focus on the development, teaching, and research related to Schema Therapy, again a *singleness of purpose*.

Members who have difficulties following this guideline may be contacted by the Media Coordinator or a representative to discuss the matter. Although we seek to resolve matters in a positive and constructive manner, members who repeatedly breach these guidelines will be removed from the listserv.

Please post resources that support continued growth in the field through collegial exchanges, academic developments, new and innovative methods, and consultations.

Please *backchannel* when the content of the message does not need to be seen by all the Listserv members (aside from requests for specific resources, as those recommended may carry a benefit for others on the Listserv).

To prompt easy access and filing consider using the suggested *Rubrics* that are highlighted at the end of these guidelines. Please add the Rubric to your Reference line followed by a more specific identifier. For example, "*Imagery Rescripting – neurobiology*."

COPYRIGHT
When referring to an article, please use reference citations, or a link to the online published content. If you would like to attach an article, please do not post material protected by copyright without the permission of the author.

The original Schema Therapy Inventories are under copyright and may be purchased here: *https://www.schematherapy.org/*.

Schema Therapy related articles and other resources may be found in the Schema Therapy Research Library here: *https://schematherapy.omeka.net/*

CLINICAL CONTENT

Discussing schema therapy cases can provide a rich learning opportunity for the listserv community. However, please maintain the client's confidentiality by de-identifying all case particulars.

ADVERTISING

Advertising of ISST events, ISST approved CE professional development, and Schema Therapy related workshops is encouraged. (To help mitigate member concerns about the over-commercialization of the list, these advertisements are limited to **one per event, no more than once per month**, and should be specifically targeted for ISST members as participants.)

ISST Listserv – Proposed Rubric for Postings	

Schemas/EMS
Modes
  Child
  Coping
  Parent/Inner Critic
  Healthy Adult
  Good Parent
	Certification Process and Issues
	
	Trainings, Publications, Videos Announcements
	
	Ways of Learning Schema Therapy Self-Practice/Self-Reflection
	
	Requests for Case Consultations

Schema Therapy Assessment Case Conceptualization Questionnaires – YSQ, SMI, YPI, etc.	Schema Therapy Research
The Therapeutic Relationship Reparenting and Empathic Confrontation	Schema Therapy in Forensic Settings
Imagery Rescripting and Chairwork/Mode Dialogues	Schema Therapy and Positive Psychology
Somatic Work in ST	Brief Schema Therapy
Schema Therapy for specific issues: Personality Disorder, OCD, Addictions, etc.	Phases of Schema Therapy
Schema Therapy for Specific Populations: Veterans	Behavior Change techniques
Origins of Schemas and Modes	The Interface between Schema Therapy and other therapies – CBT,

	Third Wave, Object Relations, Compassion Focused Therapy, etc.
Therapist Schemas and Self-Care	History of Schema Therapy